CONTENTS

	Acknowledgments	8
Chapter 1	Your Private Space: An Introduction	11
Chapter 2	Unexpected and Confused	22
Chapter 3	Who Are You?	46
Chapter 4	Grief May Apply	65
Chapter 5	It Can Be a Foreign Language	89
Chapter 6	Medical and Social Options: Sorting It Out!	120
Chapter 7	Friends and Family: Will They Stay, or Will They Go?	143
Chapter 8	Work: In or Out?	164
Chapter 9	Insurances, Gender Markers, and Documents Oh My!	186
Chapter 10	Privilege: Loss or Gain?	209
Chapter 11	Let's Talk About Finding a Therapist	232
Chapter 12	Partners in Sex	252
Chapter 13	Celebrations Come in Different Sizes	273
Chapter 14	Where Are You Now?	294
Chapter 15	You Are Not Alone (Resources)	317
	Glossary	328
	Answer Key Section	331