

Appendix B: Sample How I Think (HIT) Questionnaire items, per category

Self-Centered

- If I really want something, it doesn't matter how I get it.
- Rules are mostly meant for other people.
- If I lied to someone, that's my business.

Blaming Others

- If someone is careless enough to lose a wallet, they deserve to have it stolen.
- People force you to lie if they ask too many questions.
- If people don't cooperate with me, it's not my fault if someone gets hurt.

Minimizing/Mislabeling

- Stores make enough money that it's OK to just take things you need.
- Everyone breaks the law, it's no big deal.
- Taking a car doesn't really hurt anyone if nothing happens to the car and the owner gets it back.

Assuming the Worst

- I can't help losing my temper a lot.
- No matter how hard I try, I can't help getting in trouble.
- If you don't push people around, you will always get picked on.

From Gibbs, J. C., Barriga, A. Q., & Potter, G. B. (2001). *How I Think (HIT) Questionnaire*. Research Press.