ASCA Mindsets and Behaviors for Student Success Addressed by the Building Champions Program

Category 1: Mindset Standards

School counselors encourage the following mindsets for all students:

- Belief in development of whole self, including a healthy balance of mental, social/emotional, and physical well-being (MS–1)
- Self-confidence in ability to succeed (MS–2)
- Sense of belonging in the school environment (MS–3)
- Belief in using abilities to their fullest to achieve high-quality results and outcomes (MS–4)
- Positive attitude toward work and learning (MS–5)

Category 2: Behavior Standards

Students will demonstrate the following standards through classroom lessons, activities and/or individual/small-group counseling.

Learning Strategies

- Demonstrate critical-thinking skills to make informed decisions (LS–1)
- Gather evidence and consider multiple perspectives to make informed decisions (LS–9)

Self-Management Skills

- Demonstrate ability to assume responsibility (SM–1)
- Demonstrate self-discipline and self-control (SM–2)
- Demonstrate ability to delay immediate gratification for long-term rewards (SM–4)
- Demonstrate effective coping skills when faced with a problem (SM–7)
- Demonstrate personal safety skills (SM–9)
- Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities (SM–10)

Social Skills

- Use effective oral and written communication skills and listening skills (SS–1)
- Create positive and supportive relationships with other students (SS–2)
- Create relationships with adults that support success (SS–3)
- Demonstrate empathy (SS–4)
- Demonstrate ethical decision making and social responsibility (SS–5)
- Use effective collaboration and cooperation skills (SS–6)
- Use leadership and teamwork skills to work effectively in diverse teams (SS–7)
- Demonstrate advocacy skills and ability to assert self, when necessary (SS–8)
- Demonstrate social maturity and behaviors appropriate to the situation and environment (SS–9)