

CONTENTS

Preface	xi
<i>Note to Readers</i>	
Acknowledgments	xiii
Introduction	xv
<i>Just Drifting</i>	

PART I: SYMPTOMS

1. Disenchantment with Education	3
2. Men Opting Out of the Workforce	7
3. Excessive Maleness	11
<i>Social Intensity Syndrome (SIS)</i>	
4. Excessive Gaming	19
<i>Mastering the Universe from Your Bedroom</i>	
5. Becoming Obese	23
6. Excessive Porn Use	27
<i>Orgasms on Demand</i>	
7. High on Life, or High on Anything	33
<i>Over-reliance on Medications and Illegal Drugs</i>	

PART II: CAUSES

8. Rudderless Families, Absent Dads	39
9. Failing Schools	63
10. Environmental Changes	77

11. Technology Enchantment and Arousal	83
12. Sour Grapes	133
<i>Entitlement vs Reality</i>	
13. The Rise of Women?	143
14. Patriarch Myths	161
15. Economic Downturn	179

PART III SOLUTIONS

16. What the Government Can Do	187
17. What Schools Can Do	195
18. What Parents Can Do	199
19. What Men Can Do	209
20. What Women Can Do	223
21. What the Media Can Do	231
Conclusion	237
Appendix I	241
<i>TED Survey Results</i>	
Appendix II	251
<i>Social Intensity Syndrome—Scale and Factors</i>	
Notes	255
Recommended Resources	311
Index	315