

# CONTENTS

Reproducible Forms List	vii
Acknowledgments	xi
Introduction	1
<b>Part 1: Problem Identification</b>	<b>5</b>
Child History Questionnaire	7
Problem Behavior Questionnaire–Home	18
Problem Behavior Questionnaire–School	23
Task Analysis Questionnaire–Home	32
Task Analysis Questionnaire–School	38
Pinpointing/Pinpointing Form	43
<b>Part 2: Measurement and Functional Behavioral Assessment</b>	<b>45</b>
School Antecedent-Behavior-Consequence (ABC) Recording	47
School ABC Recording Form	53
Interval Recording	54
Interval Recording Form	55
Functional Behavioral Assessment	56
Functional Behavioral Assessment Scale	58
Functional Behavioral Assessment Scale Scoring Form	61
Functional Behavioral Assessment Classroom Checklist	62
Scatter Plot	64
Sample Scatter Plot Form	65
Scatter Plot Form	66

## **Part 3: Interventions 67**

### **Behavior and Social Skills Intervention Plans 71**

- Behavior Intervention Plan Form 73
- Behavior Intervention Plan Checklist 79
- Social Skills Intervention Plan Form 80

### **Antecedent Interventions: Altering the Environment 86**

- Coaching for Change Procedures and Forms
  - Relationship Enhancement Form 89
  - Plan Ahead Form 90
  - Social Buddy Form 91
  - Frequent Feedback Procedure/Frequent Feedback Form 92
  - Rule Establishment Procedure/Rule Establishment Form 94
  - Rule Review Procedure/Rule Review Monitoring Form 97
  - Rule Evaluation Procedure/Rule Evaluation Form 99
  - Rule Compliance Procedure/Rule Compliance Form 101
  - Rule Violation Procedures/Rule Violation Monitoring Forms for School and Home 103
- Educational Accommodation Plan Form 108

### **Behavioral Interventions: Teaching Replacement Behaviors 116**

- Feelings Management 117
  - Feelings Management Handout 119
  - Feelings Management Project 121
  - Learning My Feelings Log 123
- Happening-Thoughts-Feeling-Reactions 124
  - Happening-Thoughts-Feeling Reactions Project 127
- How to Solve a Problem (HOTSAP) 129
  - Sample HOTSAP Form 130
  - HOTSAP Form 132
- 3-D Skills Approach: Discussion, Demonstration, Doing 134
  - 3-D Skills Approach Group Presentation 135

Sample 3-D Skills Approach–Home	137
Sample 3-D Skills Approach–School	139
3-D Skills Approach Form	141
3-D Skills Approach Monitoring Form	143
Social Scripting	144
Social Scripting Handout	146
Social Scripting Form	147
Social Skills Contract	148
Sample Social Skills Contract	150
Social Skills Contract Form	151
Cue and Review	152
<b>Consequence Interventions: Controlling Positive and Negative Reinforcement</b>	<b>158</b>
Behavior Contracts	160
Class Behavior Contract	161
Sample Behavior Contract	164
Behavior Contract Form	165
Behavior Contract Scorecard	166
Daily Behavior Report Card	167
Sample Daily Behavior Report Card–Elementary School	169
Sample Daily Behavior Report Card–Middle/High School	170
Daily Behavior Report Card Form	171
Stop and Think Planning Essay	172
Sample Stop and Think Planning Essay–Home	173
Sample Stop and Think Planning Essay–School	174
Stop and Think Planning Essay Form	175
School Environment Learning Program (SELP)	176
Sample SELP Daily Scorecard	180
Sample SELP Reward Menu	181
Sample SELP Weekly Record Form	182
SELP Behavior Rating Scale	183

SELP Daily Scorecard	184
SELP Reward Menu	185
SELP Weekly Record Form	186
Home Environment Learning Program (HELP)	187
Sample HELP Reward Menu	191
Sample HELP Weekly Record Form	192
HELP Behavior Rating Scale	193
HELP Reward Menu	194
HELP Weekly Record Form	195
<b>Appendix A: Reinforcement Inventories and Positive Note Home</b>	<b>197</b>
<b>Appendix B: Sample Behavior and Social Skills Intervention Plans</b>	<b>205</b>
References	233
About the Authors	235

# REPRODUCIBLE FORMS

## **Part 1: Problem Identification**

- Child History Questionnaire 9
- Problem Behavior Questionnaire–Home 19
- Problem Behavior Questionnaire–School 25
- Task Analysis Questionnaire–Home 33
- Task Analysis Questionnaire–School 39
- Pinpointing Form 44

## **Part 2: Measurement and Functional Behavioral Assessment**

- School ABC Recording Form 53
- Interval Recording Form 55
- Functional Behavioral Assessment Scale 58
- Functional Behavioral Assessment Scale Scoring Form 61
- Functional Behavioral Assessment Classroom Checklist 62
- Scatter Plot Form 66

## **Part 3: Interventions**

### **Behavior and Social Skills Intervention Plans**

- Behavior Intervention Plan Form 73
- Behavior Intervention Plan Checklist 79
- Social Skills Intervention Plan Form 80

### **Antecedent Interventions: Altering the Environment**

- Relationship Enhancement Form 89

Plan Ahead Form	90
Social Buddy Form	91
Frequent Feedback Form	93
Rule Establishment Form	96
Rule Review Monitoring Form	98
Rule Evaluation Form	100
Rule Compliance Form	102
Rule Violation Monitoring Form–School	106
Rule Violation Monitoring Form–Home	107
Educational Accommodation Plan Form	108

### **Behavioral Interventions: Teaching Replacement Behaviors**

Feelings Management Handout	119
Feelings Management Project	121
Learning My Feelings Log	123
Happening-Thoughts-Feeling Reactions Project	127
HOTSAP Form	132
3-D Skills Approach Group Presentation	135
3-D Skills Approach Form	141
3-D Skills Approach Monitoring Form	143
Social Scripting Handout	146
Social Scripting Form	147
Social Skills Contract Form	151

### **Consequence Interventions: Controlling Positive and Negative Reinforcement**

Class Behavior Contract	161
Behavior Contract Form	165
Behavior Contract Scorecard	166
Daily Behavior Report Card Form	171
Stop and Think Planning Essay Form	175
SELP Behavior Rating Scale	183
SELP Daily Scorecard	184

SELP Reward Menu	185
SELP Weekly Record Form	186
HELP Behavior Rating Scale	193
HELP Reward Menu	194
HELP Weekly Record Form	195

## **Appendix A**

Reinforcement Inventory for Children	199
Reinforcement Inventory for Adolescents	201
Positive Note Home	203