

Appendix C

Sample Classroom Interventions for Selective Mutism

Audience

- ▷ one-on-one interaction with teacher
- ▷ small-group interactions with peers
- ▷ sit in front of class if seems self-conscious about people watching
- ▷ make videos to show skills

Performance

- ▷ math facts vs. reading interpretation
- ▷ choices (e.g., reader's and writer's workshops)
- ▷ visual organizer for reading discussion
- ▷ allow to raise hand to show knowledge, but don't call on to answer
- ▷ start with easy tasks, practice frequent nonverbal and early verbal responses
- ▷ practiced pieces—poems, reading passages
- ▷ Quiet Talk Time activity

Familiarity

- ▷ pair with friend to do errands in and out of classroom
- ▷ time with teacher
 - helper
 - journal
- ▷ enlist other members of school staff to participate in informal interactions
 - train staff to comment, not quiz

Assessment

- ▷ receptive measures of ability
 - pointing
 - mark if not point
- ▷ video for expressive skills
- ▷ if child will read on audio recording, consider Raz Kids (or similar) reading program
- ▷ consult with specialist* to analyze child's response pattern for assessment techniques
- ▷ do not train parents to give standardized inventories

*(psychologist, instructional resource teacher, speech-language pathologist)