

# Kid First Questionnaire

## Instructions and Answer Key

The Kid First Questionnaire is designed to be administered in a pre/post format in order to evaluate how participants' attitudes towards parental divorce or separation may change due to the treatment. In order to do so, administer the questionnaire in Session 1 after going over the group rules and then again in Session 8 before the program closing activity.

Pass out the questionnaire and have the children read the instructions. For younger children or struggling readers, read each item to the group and have them circle a response before moving on to the next item. After the questionnaires are collected, add up the total score at the end of the questionnaire.

The more adaptive responses are circled. Score a "1" for circled adaptive answers and "0" for noncircled maladaptive responses. Higher scores indicate more adaptive attitudes toward divorce and separation.

A group-change protocol is also provided. Instructions are listed on the protocol document.

1. I will always feel upset about my parents' divorce or separation. True  False
2. Even though my parents divorced or separated, I will still have a good life.  True False
3. It is my fault that my parents got divorced or separated. True  False
4. I really think that my parents will get back together someday. True  False
5. There are some good things about my parents' divorce or separation.  True False
6. I know lots of ways to calm down when I am upset.  True False
7. I am comfortable talking to my parents about their divorce or separation.  True False
8. I can tell when I have upset feelings about my parents' divorce or separation.  True False
9. Many kids my age have divorced or separated parents.  True False
10. It is my job to help my parents get along with each other. True  False
11. There are lots of people I trust who I could talk to about my parents' divorce or separation.  True False
12. I know there are things I can do if I am missing one of my parents.  True False

# Kid First Questionnaire

Student Name/ID \_\_\_\_\_

**Instructions:** Please read each of the 12 statements below. Circle **True** if you think the statement is true about you or **False** if you think the statement is not true about you. Please circle only one answer.

- |   |      |       |
|---|------|-------|
| 1. I will always feel upset about my parents' divorce or separation.                              | True | False |
| 2. Even though my parents divorced or separated, I will still have a good life.                   | True | False |
| 3. It is my fault that my parents got divorced or separated.                                      | True | False |
| 4. I really think that my parents will get back together someday.                                 | True | False |
| 5. There are some good things about my parents' divorce or separation.                            | True | False |
| 6. I know lots of ways to calm down when I am upset.  | True | False |
| 7. I am comfortable talking to my parents about their divorce or separation.                      | True | False |
| 8. I can tell when I have upset feelings about my parents' divorce or separation.                 | True | False |
| 9. Many kids my age have divorced or separated parents.   | True | False |
| 10. It is my job to help my parents get along with each other.                                    | True | False |
| 11. There are lots of people I trust who I could talk to about my parents' divorce or separation. | True | False |
| 12. I know there are things I can do if I am missing one of my parents.                           | True | False |

Score: \_\_\_\_\_

# Group-Change Protocol

## Instructions

1. After listing the children’s names in the appropriate column, list each child’s pretest total score in the next column.
2. After administering the posttest at the end of Session 8, record each child’s posttest total score in the appropriate column.
3. In the last column, subtract the pretest score from the posttest score to calculate the amount of change from before the program until after. Note that negative scores are possible.
4. To find the average change score for the group from the pretest to posttest, total all of the score values and divide that number by the number of children in the group.

Name	Pretest Score	Posttest Score	Change in Scores
<b>Average Change Score</b>			